Instructions and Use

When to Use the FIRST RESPONSE™ Early Result Pregnancy Test
Instructions
Reading Results
Questions and Answers

Instructions and Use

PLEASE READ ALL THE INFORMATION IN THIS INSERT BEFORE PERFORMING THE TEST.

- Do not use after the expiration date stamped on the side of the carton.
- Store in a dry place below 86°F (30°C). Do not freeze.
- Keep out of reach of children.
- For in-vitro diagnostic use. Not to be taken internally.
- Single-use device. Do not reuse.

If you have any questions please call us toll-free at 1-800-367-6022, Monday-Friday from 7:00 AM to 5:00 PM Eastern Time.
Visit us online at www.knowsooner.com.

When to use the FIRST RESPONSE™ Early Result Pregnancy Test

The FIRST RESPONSE™ Early Result Pregnancy Test is designed to detect hCG (human chorionic gonadotropin) as early 6 days before your missed period (5 days before day of the expected period). You can use the test at any time of day. You do not have to use first morning urine. In general, your first-morning urine contains the highest level of pregnancy hormone.

Instructions

- After reading the insert and when you are ready to perform the test, remove the test stick from the foil wrapper and take off the Overcap.
**STEP 1**

**EITHER**
- Holding the test stick by the Thumb Grip with the Absorbent Tip pointing downward and the Result Window facing away from your body, place the Absorbent Tip in your urine stream for 5 seconds only.

**OR**
- You may also collect your urine in a clean, dry cup and immerse the entire Absorbent Tip in the urine for 5 seconds only.

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**STEP 2**

- While still holding the stick with the Absorbent Tip still pointing downward, replace the Overcap and lay the stick on a flat non-absorbent surface with the Result Window facing up.
- You may soon see a pink color moving across the Result Window to indicate the test is working.
- Wait 3 minutes until reading results.

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**STEP 3**

**PREGNANT**
- TWO PINK LINES in the Result Window. One line may be lighter than the other. Appearance of the results may vary.

**NOT PREGNANT**
- ONE PINK LINE in the Result Window.
Q: How does the test work?
A: The FIRST RESPONSE™ Early Result Pregnancy Test detects in urine the hormone your body produces during pregnancy: human chorionic gonadotropin (hCG).

Q: What can I test with FIRST RESPONSE™ Early Result Pregnancy Test?
A: The FIRST RESPONSE™ Early Result Pregnancy Test is designed to detect hCG as early as 6 days before your missed period (5 days before the day of the expected period). The amount of pregnancy hormone increases as pregnancy progresses. In laboratory testing with early pregnancy urine samples, FIRST RESPONSE™ gave the following results.

<table>
<thead>
<tr>
<th>NUMBER OF DAYS BEFORE THE EXPECTED PERIOD</th>
<th>% OF SAMPLES FROM PREGNANT WOMEN GIVING A POSITIVE RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>&gt;99%</td>
</tr>
<tr>
<td>2</td>
<td>&gt;99%</td>
</tr>
<tr>
<td>3</td>
<td>&gt;99%</td>
</tr>
<tr>
<td>4</td>
<td>96%</td>
</tr>
<tr>
<td>5</td>
<td>76%</td>
</tr>
</tbody>
</table>

Q: How accurate is the test?
A: FIRST RESPONSE™ is >99% accurate from the day of the expected period in laboratory studies. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the day of the test or may have miscalculated the first day of their period.

Q: What do I do if the result is positive (pregnant)?
A: A positive (pregnant) test result shows that the pregnancy hormone (hCG) was detected, which normally indicates pregnancy. You must see your doctor to confirm that you are pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

Q: What do I do if the result is negative (not pregnant)?
A: You may not be pregnant, or it may be too early to tell. If you do not get your period within 7 days, you should retest with another FIRST RESPONSE™ Early Result Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the FIRST RESPONSE™ Test to give you a positive result. If upon retesting you get another negative result and your period has still not started, you should call your doctor.

Q: I have waited longer than 3 minutes, and still there are no lines in the Result Window. Is there anything wrong?
A: Your result should appear within 3 minutes. There should be at least one pink line in the Result Window at 3 minutes to indicate that the test is completed and you have done it correctly. If not, the test is invalid. This could be due to insufficient urine on the Absorbent Tip or not holding the device with the Absorbent Tip pointing downward while replacing the Overcap. You should retest with another device, carefully following all directions.

Q: Will the result change if left standing for a certain period of time?
A: The test result should be read as soon as possible after waiting the 3 minutes. A negative result should not be read after 10 minutes.

Q: Do any drugs or medications affect the test?
A: Only medications containing the pregnancy hormone (hCG) can affect the result (For example, A.P.L.¹, Pregnyl², Profasi³ and Pergonal⁴). The test should not be affected by hormone therapies containing Clomiphene citrate (for example, Clomid² and Serophene⁵), alcohol, painkillers, antibiotics, or the contraceptive pill.

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To increase your chances for a healthy pregnancy for you and your baby, you should consider the following:

- Maintain a well-balanced diet
- Stop smoking

From conception through the first three months of pregnancy is the most important time. You need to see your health
care professional immediately for proper care and nutrition counseling.

**WARNING:** According to the Surgeon General, women should not drink alcoholic beverages during pregnancy because of the risk of birth defects.

**Trying to get pregnant...**
Many women do not know that their most fertile days are the days leading up to ovulation (when your ovary releases an egg to be fertilized by the sperm). To become pregnant sooner, you should become more familiar with your ovulation cycle. The **FIRST RESPONSE™ Ovulation Test kit** is an at-home, one-step test designed to predict ovulation by monitoring changes in your hormone levels. With the help of the **FIRST RESPONSE™ Ovulation Test kit**, you can predict your peak fertility days and get pregnant sooner.

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