IMPORTANT: The applicators are single use only. Dispose of each applicator after use by placing it in a trash receptacle. DO NOT REUSE APPLICATOR. If additional lubrication is needed, use a new applicator or apply by hand.

Store at 36°F to 86°F (2°C – 30°C)

Visit us at preseed.com to learn more.

Manufactured for: Church & Dwight Co., Inc. Ewing, NJ 08628 1-800-833-9532 (M-F 9AM - 5PM EST)



Your fertility journey is unique to you. It might be easy to compare your experience to that of family or friends but it's important to remember that everyone's path to pregnancy is different. If you aren't sure where to begin, take a deep breath and know that we are here to support you wherever you are in your journey.

Pre-Seed[™] Fertility Lubricant For Use By Couples When Trying to Conceive

Pre-Seed[™] Fertility Lubricant is designed to be isotonic and pH balanced similar to that of the vaginal environment to aid in supporting sperm survival. For millions of women trying to get pregnant,

Pre-Seed[™] Fertility Lubricant provides support for their Fertility Journey.



- Developed by Doctors
- Used by Fertility Clinics
- Clinically Tested Formula
- Helps Support Sperm Quality

With **Pre-Seed** Fertility Lubricant, you can be confident that you are using the right lubricant when trying for a baby.

And When You're Ready To Test, Use any First Response™ Pregnancy Test Kit with over 99% accuracy*.

* For Early Result and Digital Pregnancy Tests: >99% accurate at detecting typical pregnancy hormone levels from the day of your expected period. For Rapid Result Pregnancy Test: >59% accurate at detecting typical pregnancy hormone levels from the day of your missed period. Notes that hormone levels ray, See insert.







PSIN-00099-04-A 72021948



INDICATIONS FOR USE: Pre-Seed™ Fertility Lubricant is a personal lubricant for penile and/or vaginal application, intended to moisturize and lubricate, to enhance the ease and comfort of intimate sexual activity and supplement the body's natural lubrication. Pre-Seed™ Fertility Lubricant is compatible with sperm, oocytes, and embryos and can be used by trying to conceive couples. It is compatible with latex and polyurethane condoms.

Pre-Seed™ Fertility Lubricant can be used to lubricate genital tissues and devices to facilitate use of diagnostic and therapeutic devices during fertility interventions and

Directions for Using Pre-Seed™ Fertility Lubricant with Disposable Applicators:

1. Wash hands thoroughly before and after product application.

reproductive medicine.

- 2. Remove seal from tube before initial use.
- 3. Pre-Seed™ Fertility Lubricant can be applied prior to starting intercourse. Inserting it before intercourse allows the moisture to disperse throughout the vagina and offers more spontaneity. Many women apply Pre-Seed about 15 minutes before intercourse.
- With the plunger pushed all the way in (closed) twist the applicator onto the tube along the threads of the tube (see picture).



5. Gently squeeze the bottom of the tube to force lubricant into the applicator and

- continue squeezing until the plunger moves up and the applicator is filled to the level you want. Do not draw the plunger back to fill the applicator. Most women will choose the 2 or 3 g fill line to meet their needs. Then, untwist the applicator from the tube. Be sure and keep the open end of the applicator upright until it is inserted in the
- After each use, firmly replace the cap and roll up the tube from the bottom. Do not leave the tube uncapped between uses.

vagina, so that product is not spilled.

7. Do not store product in the applicator for more than 30 minutes prior to use. This means if you draw product into the applicator but do not insert it inside the vagina within 30 minutes, the unused product needs to be discarded and the applicator thrown away.

8. To apply Pre-Seed™ Fertility Lubricant, gently

- insert about half the length or more of the applicator into the vagina. This can be done while standing, lying down or sitting (such as on the toilet). If the applicator is difficult or uncomfortable to insert, pull it back to the vulvar opening and redirect the applicator more to the center of the vagina. Usually this will mean pointing the applicator more toward your back as you insert it. You can also use your fingers to apply some product from the tube directly to your external genitalia to help ease applicator insertion.
- Once inside the vagina, hold the barrel of the applicator in place and slowly push the plunger all the way in to release the lubricant into the vagina (see picture).



- 10. Remove both parts of the applicator from the vagina.
- Each applicator is intended for a single use.
 Discard the applicator following use.
 DO NOT REUSE APPLICATORS.

If this application method doesn't provide enough moisture, we suggest you apply product inside the vagina (as shown) while lying down in bed, IMMEDIATELY before intercourse. You may also want to squeeze a small amount of product from the tube onto your fingertips, and apply directly to external genitalia.

If this application method provides too much moisture for you, apply the product earlier before intercourse (e.g., up to an hour); apply fewer grams of product (1-2 g); or wipe off the vulvar area with a tissue after applying the product inside the vagina.

Directions for Using Pre-Seed™ Fertility Lubricant Externally:

- 1. Wash hands thoroughly before and after product application.
- 2. Remove seal from tube before initial use.
- 3. Squeeze a small amount of product (size of a quarter) onto your fingers and apply to genital area. Vary amount to achieve desired lubrication. The product's mild ingredients may require you to apply a bit more initially than you might with other products, in order to saturate the skin and provide longer lasting lubrication.

Individuals Using Pre-Seed™ Fertility Lubricant While Trying to Conceive:

Consult your physician if you have not become pregnant after 6 months of product use.

QUALITY ASSURANCE:

Each lot of Pre-Seed™ Fertility Lubricant is tested to ensure the following:

Test	Specification
pН	7.0 – 7.4
Osmolality	260 – 370 mOsm/kg
(ion concentration)	

INGREDIENTS:

Purified Water, Hydroxyethylcellulose, Pluronic, Sodium Chloride, Sodium Phosphate, Carbomer, Methylparaben, Sodium Hydroxide, Arabinogalactan, Potassium Phosphate, Propylparaben

/!\warnings:

- Pre-Seed™ Fertility Lubricant is not a contraceptive. It does not harm sperm or interfere with their function.
- If irritation or discomfort occurs, discontinue use and see a doctor.
- · Keep out of reach of children.
- Keep out of eyes and ears.
- Do not use if quality seal on the tube is broken.
- Pre-Seed™ Fertility Lubricant is extremely slippery; clean up any spills immediately.
- Do not use product if active infection or vaginal trauma is present.
- DO NOT USE AFTER EXPIRATION DATE.
 Expiration date can be found on the tube crimp and the outside of the carton (YYYY-MM-DD).