Instructions for use of Pregnancy Pro Digital Pregnancy Test with First Response App:

1 Search for First Response App and download it at your App store.











Enter your information into the Welcome screen and then tap the Continue button



4 Ensure Bluetooth setting on your phone is turned on. Follow instructions on screen to connect PregPro.



Take test as indicated in center of instructions.

6 Step-by-Step Test Assurance walks you through the process and tells you remaining time to results. Wait Time Support provides entertaining activities while you wait for your result.

Result will be displayed on

device. App provides you

with personalized tools &

information and suggested

next steps based on your

result.

test stick and on your mobile



After result timer is complete, enter your unique PregPro code provided at the top of your screen and tap the Pair button to deliver your secure result to the First Response App.



NOTE: result will not be displayed on your mobile device unless you enter the correct PregPro code





First Response App Questions & Answers

Q: What should I do if I receive result on the test stick, but not through the App?

A: The Test stick remains your primary delivery vehicle for your test result. If result does not appear in the App, please contact customer service at the number below.

O: If an error occurs with the test, will I still see the result in the App on my phone?

A: A "?" symbol indicates an error has occurred during testing. If this occurs, you will receive an error in the App as well. You should retest with another FIRST RESPONSETM Pregnancy Pro Digital Pregnancy Test, carefully following all directions or contact customer service at the number below.

Q: The Display Screen is blank. Will I still see result in the First Response Planner Pro App?

🔾 If the display screen goes blank at any time before yielding a result, an error has occurred. Please contact customer service at the number below.

: What happens if an error occurs with the App?

A: The Test stick remains your primary delivery vehicle for your test result. If result does not appear in the App, please contact customer service at the number below.

Q: What happens if the battery on my smart device dies before I get my result through the App?

The test stick remains your primary delivery vehicle for your test result. However, in order to access your Personalized Action Plan delivered with your result through the App, charge your phone and then reconnect your test stick to the App by following instructions on the App screen.

Q: I've clicked "Connect" and there is no device found?

Go to "Settings" on your mobile device and turn on the "Bluetooth" setting.

Q: I've entered my passcode, but I only see a spinning circle on the App screen and the results are not displayed. A: If your result does not display after several moments, close out of the App completely and restart it. If you

continue to have issues, please contact customer service at the number below Q: The App froze when I was taking the test.

if the App freezes during the test, close out of the App completely and restart it. Then follow the instructions on your screen to reconnect your test stick to the App in order to access your Personalized Action Plan delivered



Pregnancy PR® **Digital Pregnancy Test & App Access**

INSTRUCTIONS AND USE

PLEASE READ ALL THE INFORMATION IN THIS INSERT BEFORE PERFORMING THE TEST.

- · Do not use after the expiration date stamped on the side of the carton
- Store in a dry place below 30°C (86°F). Do not freeze.

· Keep out of reach of children

- For in-vitro diagnostic use. Not to be taken internally.
 Single-use device. Do not reuse.

If you have any questions please call us toll-free at 1-800-268-3186, Monday-Friday from 7:00 AM to 5:00 PM Eastern Time. Visit us online at www.1stResponse.ca

When to use the FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test
The FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test is designed to detect hCG (human chorionic gonadotropin) as early as 5 days before the day of the expected period. You can use the FIRST RESPONSE™ test at any time of day. You do not have to use first morning urine. In general, your first-morning urine contains the highest

level of pregnancy hormone.

Important note regarding negative results: Some pregnant women will not be able to detect hCG in their urine 5 days before the expected period. If you test negative before your missed period, but think you may still be pregnant, you should retest again in a few days after your missed period.

Important note regarding positive results: Because this test detects low levels of hCG, it is possible that this test may give positive results even if you are not pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

All results should be confirmed by your health care provider, especially when making decisions about future medical care.

INSTRUCTIONS – THIS DEVICE SELF-ACTIVATES UPON REMOVAL FROM THE WRAPPER. DO NOT OPEN WRAPPER UNTIL YOU ARE READY TO USE.

 After reading the insert when you are ready to perform the test, remove the test stick from the foil wrapper and remove the **Overcap**. (Upon removal from the wrapper, check the **Display Screen** for the presence of a steady clock symbol (). The device is ready for use. **Do not use the test unless the** steady clock symbol is on the Display Screen.)



STEP 1 EITHER

STEP 2

STEP 3

• In approximately 3 minutes, an

unmistakable "YES+"

or "NO-" will appear

on the Display Screen.



 Place the Absorbent Tip in your urine stream for 5 seconds. Be careful not to get the urine on the plastic holder. During testing, never hold the device with the Absorbent Tip pointing upward.

with the **Display Screen** facing up.

is applied to indicate the test is working.





NOT PREGNANT

READING YOUR RESULT – READ YOUR RESULT AT 3 MINUTES

While still holding the stick with the Absorbent Tip facing downward.

replace the Overcap and lay the stick on a flat non-absorbent surface

The clock symbol

will begin to blink in about 30 seconds after urine

collect your urine in a clean, dry cup and immerse the entire Absorbent Tip

TEST IS WORKING



QUESTIONS & ANSWERS

Q: How does the test work?

: The FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test detects in urine the hormone your body produces during pregnancy: human chorionic gonadotropin (hCG).

: When can I test with FIRST RESPONSETM Pregnancy Pro Digital Pregnancy Test?

: The FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test is designed to detect hCG as early as 5 days before the day of the expected period. Some pregnant women may not have detectable amounts of the pregnancy hormone in their urine on the day they use the test. The amount of pregnancy hormone increases as pregnancy progresses. In laboratory testing, FIRST RESPONSETA detected the pregnancy hormone levels in 60% of pregnant women 5 days before their expected period, in 86% of pregnant women 4 days before their expected period, in 96% of pregnant women 3 days before their expected period, in >99% of pregnant women 2 days before their expected period, in >99% of pregnant women 1 day before their expected period and in >99% of pregnant women on the day of their expected period.

NUMBER OF DAYS BEFORE THE EXPECTED PERIOD	% OF SAMPLES FROM PREGNANT WOMEN GIVING A POSITIVE RESULT
1	>99%
2	>99%
3	96%
4	86%

: How accurate is the test?

FIRST RESPONSETM Pregnancy Pro is >99% accurate from the day of the expected period in laboratory studies. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the day they test or may have miscalculated the first day of their period.

: What do I do if the result on the Display Screen is "YES+" (pregnant)?

: A "YES+" test result shows that the pregnancy hormone (hCG) was detected, which normally indicates pregnancy. You must see your doctor to confirm that you are pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

: What do I do if the result on the Display Screen is "NO-" (not pregnant)?

: You may not be pregnant, or it may be too early to tell. If you do not get your period within 7 days, you should retest with another FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the test to register a "YES+" result. If upon retesting you get another "NO-" result and your period has still not started, you should call your doctor.

: The blinking clock 🚱 has disappeared followed by a "?" on the Display Screen. What does this mean?

a: A "?" symbol indicates an error has occurred during testing. You should retest with another FIRST RESPONSE™ Pregnancy Pro Digital Pregnancy Test, carefully following all directions.

: The Display Screen is blank. What is wrong?

: If the display goes blank at any time before yielding a result, an error has occurred. Please call customer service at the

: How long will my result show on the Display Screen?

: Your result will be displayed for at least 30 minutes. Read your results within this time frame. Once you have read your

Note: This device contains a battery with a removal feature on the reverse side of the Thumb Grip. Be sure to dispose of the battery according to local regulations.

: What will happen if the plastic holder gets wet?

: Some splashing while using the test will not damage the test, but if it becomes very wet it can become damaged. If the test becomes damaged, the Display Screen will either go blank or an error "?" message will appear.

Do any drugs or medications affect the test?

Only medications containing the pregnancy hormone (hCG) can affect the result (for example, A.P.L.1, Pregnyl², Profasi³ and Pergonal³). The test should not be affected by hormone therapies containing Clomiphene citrate (for example Clomid⁴ and Serophene⁵), alcohol, pain killers, antibiotics, or the contraceptive pill.

Q: I removed the device from the wrapper and the clock symbol appeared on the Display Screen; however, I'm not ready to use the test. What should I do?

A: Once removed from the wrapper, the device must be used within 12 hours. Keep the device dry before use.

lf you have any questions, call us toll-free at **1-800-268-3186,** Monday-Friday from 7:00 AM to 5:00 PM Eastern Time Visit us online at www.1stResponse.ca

To increase your chances for a healthy pregnancy for you and your baby, you should consider the following:

Maintain a healthy diet

Stop smoking

The period from conception through the third month of pregnancy is a very important time. You should see your doctor regularly throughout your pregnancy for proper care and nutritional counselin WARNING: According to Health Canada, women should not drink alcoholic beverages during pregnancy due to the risk of birth defects.

Trying to get pregnant.. Many women do not know that their most fertile days are the days leading up to ovulation (when your ovary releases an egg to be fertilized by the sperm). To become pregnant sooner, you should become more familiar with your ovulation cycle.

The FIRST RESPONSE™ Ovulation Test kit is an at-home, one-step test designed to predict ovulation by monitoring changes in your hormone levels. With the help of the FIRST RESPONSE™ Ovulation Test kit, you can predict your peak fertility days and get pregnant

Industry Canada Information

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this

This device complies with Industry Canada's licence-exempt Radio Standard Specifications (RSSs). Operation is subject to the following two conditions: (1) This device may not cause interference; and (2) This device must accept any interference that may cause undesired operation

This equipment has been tested to the limits for a Class B digital device, pursuant to Industry Canada's licence-exempt RSSs. These limits are designed to provide reasonable protection against harmful interference in residential installation. This device uses and radiates radio frequency energy and if not installed and used according to instructions, may cause harmful interference to radio communications or be interfered with. There is no guarantee that interference will occur in a particular installation.

Caution: This device should not be used in airplanes, hospitals or locations where cellular telephone and other electronic devices are

U.S. Patent Nos 6,767,714; 7,214,542; 7,220,597; 7,499,170: 7,776,618; 8,211,711; 8,268,636; 8,623,635; 8,722,395; 8,999,728;

8,828,329 and patents pending.

†† For a list of compatible Bluetooth Smart Devices, visit http://www.bluetooth.com/Pages/Bluetooth-Smart-Devices-List.aspx

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In the First Response App, tap on How to do this? for a troubleshooting guide or, if you need additional assistance, tap on More Help to call customer service toll-free at 1-800-268-3186, Monday-Friday from 7:00 AM to 5:00 PM Eastern Time. Additional Questions & Answers available within the First Response App.